

Developmental Assets November 2018

Search Institute® found that successful adults have characteristics, skills, behaviors and attitudes that make them successful: Developmental Assets®. The categories are: *Support, Empowerment, Expectations, Time Management, a Commitment To Learning, Positive Values, Social Skills* and *Positive Identity*. With simple actions, anyone can help build the assets in youth. This calendar is provided by **Crisis Connection** with suggestions that can be done by all to be **Partners In Peace** by expressing care, challenging growth, providing support, sharing power and expanding possibilities!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Watch a movie you've never seen	2 Bake muffins	3 Play with make-up	4 Write a short story
5 Start a blog	6 Buy some succulents	7 Cook a new dish	8 Teach your child internet safety	9 Dust	10 Visit a neighbor	11 Visit the animal shelter
12 Make a collage	13 Try a new restaurant	14 Take photos that make you happy	15 Sit outside	16 Plan a make-believe vacation	17 Sing at the top of your lungs	18 Search for new music
19 Share your favorite quote with your child	20 Take some selfies #selflove	21 Make a bucket list	22 Have your family share what they're thankful for	23 Buy a toy for a child in need for Christmas	24 Learn a new recipe for Thanksgiving leftovers	25 Buy a gold fish
26 Learn to whistle	27 Make a list of people who inspire you	28 Make a zen garden	29 Color code your closet	30 Make a short comic book		
						

Want to know more about creating safe, nurturing environments and ideas for helping young people build assets? Visit www.search-institute.org/assets & www.pinterest.com/crisisconnect

Hotline: 1.800.245.4580 crisisconnectioninc.org