

# Developmental Assets May 2018

Search Institute® found that successful adults have characteristics, skills, behaviors and attitudes that make them successful: Developmental Assets®

The categories are: *Support, Empowerment, Expectations, Time Management, a Commitment To Learning, Positive Values, Social Skills* and *Positive Identity*. With simple actions, anyone can help build the assets in youth. This calendar is provided by **Crisis Connection** with suggestions that can be done by all to be **Partners In Peace** by expressing care, challenging growth, providing support, sharing power and expanding possibilities!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Resolve a conflict nonviolently	2 Read for at least 10 minutes at bed time	3 Plan a family game night	4 Go for a walk around the neighborhood	5 Bake cookies together	6 Sing out loud in the car
7 Ask how their day at school was	8 Tell them how much you love them	9 Plan a one-on-one date with your child	10 Watch a family movie	11 Dress up and play make-believe	12 Go on the one-on-one date you planned on Wednesday	13 Have a family breakfast
14 Go stargazing in your yard	15 Create a family play	16 Start a family book club	17 Make time for no electronics	18 Go on a scenic drive	19 Talk to your child about healthy habits	20 Go roller skating
21 Learn about your child's interests	22 Do a craft together	23 Teach your child to make an easy dessert	24 Have your kid help make the grocery list	25 Go on a family bike ride	26 Go on a family picnic	27 Carve out time for play
28 Plant a garden box	29 Get out coloring books	30 Look through your child's old school projects	31 Involve the kids in vacation planning.			
						 <b>CRISIS CONNECTION</b>

Want to know more about creating safe, nurturing environments and ideas for helping young people build assets? Visit [www.search-institute.org/assets](http://www.search-institute.org/assets) & [www.pinterest.com/crisisconnect](http://www.pinterest.com/crisisconnect)

Hotline: 1.800.245.4580 [crisisconnectioninc.org](http://crisisconnectioninc.org)