

# Developmental Assets April 2018

Search Institute® found that successful adults have characteristics, skills, behaviors and attitudes that make them successful: Developmental Assets®. The categories are: *Support, Empowerment, Expectations, Time Management, a Commitment To Learning, Positive Values, Social Skills* and *Positive Identity*. With simple actions, anyone can help build the assets in youth. This calendar is provided by **Crisis Connection** with suggestions that can be done by all to be **Partners In Peace** by expressing care, challenging growth, providing support, sharing power and expanding possibilities!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 Keep your promises.
2 Make your child feel valued.	3 Watch a Ted Talk.	4 Help your child define healthy relationships	5 Apologize when you've done something wrong.	6 Ask your child what they want to be when they grow up.	7 Discuss the difference between "like" and "love."	8 Help your child choose healthy foods.
9 Brainstorm ways to resist peer pressure.	10 Let your child teach you something new.	11 Encourage your child.	12 Ask your child their thoughts on something in the news.	13 Be respectful of each other.	14 Write a short story with your child.	15 Play with your child.
16 Dance around the living room to your child's favorite music	17 Visit an art exhibit.	18 Ask your child about their goals.	19 Make a list of things you're thankful for.	20 Talk about how to make the world a better place.	21 Practice empathy.	22 Start a neighborhood book exchange
23 Make time with your child a priority.	24 Ask your child who their role model is.	25 Encourage your child to journal	26 Explain your beliefs to your child	27 Be respectful	28 Go bird watching	29 Watch a Kid President YouTube video
30 Talk about your favorite part of the month.						

Want to know more about creating safe, nurturing environments and ideas for helping young people build assets? Visit [www.search-institute.org/assets](http://www.search-institute.org/assets) & [www.pinterest.com/crisisconnect](http://www.pinterest.com/crisisconnect)

Hotline: 1.800.245.4580 [crisisconnectioninc.org](http://crisisconnectioninc.org)