


Developmental Assets November 2017

Search Institute® found that successful adults have characteristics, skills, behaviors and attitudes that make them successful: Developmental Assets®

The categories are: *Support, Empowerment, Expectations, Time Management, a Commitment To Learning, Positive Values, Social Skills* and *Positive Identity*. With simple actions, anyone can help build the assets in youth. This calendar is provided by **Crisis Connection** with suggestions that can be done by all to be **Partners In Peace** by expressing care, challenging growth, providing support, sharing power and expanding possibilities!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Accept that you make mistakes	2 Accept that others make mistakes	3 Count to 10	4 Remember your triumphs	5 Laugh often
6 Check out personal safety at: www.kidsmartz.org	7 Make lists	8 Put lotion on your hands and massage them	8 Avoid junk food	10 Drink more water	11 Do neck rolls	12 Have courage
13 Don't sweat the small stuff	14 Don't drink and drive	15 Break up the monotony	16 Accept outside help	17 Get up on time	18 Remember that less can be more	19 Separate worries and concerns
20 Live within a budget	21 Teach a child to make a budget	22 Listen to audio books	23 Tell a child about your favorite book	24 Share your favorite music	25 Keep a folder of your favorite cartoons	26 Sit on your ego
27 Slow down	28 Try a new recipe	29 Cook with a child	30 Do word puzzles			
						

Want to know more about creating safe, nurturing environments and ideas for helping young people build assets? Visit www.search-institute.org/assets & www.pinterest.com/crisisconnect

Learn even more with a toolkit on our website: www.crisisconnectioninc.org

Hotline: 1.800.245.4580 crisisconnectioninc.org