


Developmental Assets May 2017

Search Institute® found that successful adults have characteristics, skills, behaviors and attitudes that make them successful: Developmental Assets®

The categories are: *Support, Empowerment, Expectations, Time Management, a Commitment To Learning, Positive Values, Social Skills* and *Positive Identity*. With simple actions, anyone can help build the assets in youth. This calendar is provided by **Crisis Connection** with suggestions that can be done by all to be **Partners In Peace** by expressing care, challenging growth, providing support, sharing power and expanding possibilities!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Clean out closets	2 Give a teen a voice on a Committee you serve on	3 Show a kid how to change a flat tire	4 Learn basic First Aid & CPR with a teen	5 Teach about animal behavior and basic pet care	6 Do something for yourself	7 Talk to a youth about ways to say no
8 Give youth space to relax	9 Start a gratitude journal	10 Keep your promises	11 Take a youth kayaking or canoeing	12 Don't be a name caller	13 Check out www.values.com	14 Ask for help
15 Meet a child's friends	16 When child pushes you away, give them space, but don't leave	17 Play as hard as you work	18 Make a happy memory	19 See the world from a child's point of view	20 Do the things that give you energy	21 Talk to children the way you want them to talk with you
22 Put yourself in someone else's shoes	23 When a kid seems sad or angry, ask "What's wrong?"	24 Ask a kid, "How are you?" Then truly listen	25 Acknowledge others you pass at the store	26 Accept the humanity of others	27 Color	28 Don't talk about others behind their backs.
29 Support schools	30 Encourage children to learn about new places	31 Delight in a youth's uniqueness				
						

Want to know more about creating safe, nurturing environments and ideas for helping young people build assets? Visit www.search-institute.org/assets & www.pinterest.com/crisisconnect

Hotline: 1.800.245.4580 crisisconnectioninc.org