


Developmental Assets February 2017

Search Institute® found that successful adults have characteristics, skills, behaviors and attitudes that make them successful: Developmental Assets®

The categories are: *Support, Empowerment, Expectations, Time Management, a Commitment To Learning, Positive Values, Social Skills* and *Positive Identity*. With simple actions, anyone can help build the assets in youth. This calendar is provided by **Crisis Connection** with suggestions that can be done by all to be **Partners In Peace** by expressing care, challenging growth, providing support, sharing power and expanding possibilities!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Make a blanket fort	2 Make homemade pancakes	3 Make paper snowflakes	4 Do a jigsaw puzzle	5 Make a family tree
6 Have a pajama day	7 Look at the stars	8 Feed the birds	9 Believe in a child	10 Make spending time at home a priority	11 Do something nice for your neighbor	12 Read "Ish" by Peter Reynolds
13 Look at the www.thatsnotcool.com website	14 Develop healthy sleep habits	15 If you were an inventor, what would you invent?	16 Make time for your own hobbies	17 Write a thank you note to an organization that demonstrates respect for young people	18 Visit a nursing home	19 Model healthy ways to handle conflict
20 Budget wisely	21 Take a young person to volunteer somewhere with you	22 Encourage a young person to share their allowance	23 Ask a young person's opinion about something in the news	24 Put away distractions and have a sincere conversation with a child	25 Acknowledge a teen's feelings	26 Be consistent
27 Have a 'no screens' dinner	28 Make silly faces					
					 CRISIS CONNECTION <small>Hotline: 1.800.245.4580 crisisconnectioninc.org</small>	

Want to know more about creating safe, nurturing environments and ideas for helping young people build assets? Visit www.search-institute.org/assets & www.pinterest.com/crisisconnect

