

Developmental Assets August 2017

Search Institute® found that successful adults have characteristics, skills, behaviors and attitudes that make them successful: Developmental Assets®. The categories are: *Support, Empowerment, Expectations, Time Management, a Commitment To Learning, Positive Values, Social Skills* and *Positive Identity*. With simple actions, anyone can help build the assets in youth. This calendar is provided by **Crisis Connection** with suggestions that can be done by all to be **Partners In Peace** by expressing care, challenging growth, providing support, sharing power and expanding possibilities!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Read any of the Covey '7 Habits' books.	2 Watch a 'Kid President' YouTube video	3 Love yourself	4 Resolve conflict nonviolently	5 Tell the truth even when it's not easy	6 Hold the door for someone
7 Read 'Grit' by Angela Duckworth	8 Be goofy for a little bit	9 Be yourself	10 Give someone a compliment	11 Let someone know they matter	12 Smile	13 Keep your head up
14 Take an extra minute on personal hygiene today	15 Help someone through a break-up	16 Sit with someone different at lunch	17 Learn to play an instrument	18 Talk to someone about their spirituality	19 Don't spread rumors	20 Help a young person discover their purpose
21 Practice empathy	22 Share your favorite book with a kid	23 Read 'Parent, Teacher, Mentor, Friend' by Peter Benson	24 Discuss a child's dreams and nightmares with them	25 Make a blanket fort	26 Ask a kid, "How are you?" Then truly listen	27 Put yourself in someone else's shoes
29 Teach a kid to listen to their inner voice and trust their intuition	30 Acknowledge a teen's feelings	31 Have a 'no screens' dinner				
					 CRISIS CONNECTION	

Want to know more about creating safe, nurturing environments and ideas for helping young people build assets? Visit www.search-institute.org/assets & www.pinterest.com/crisisconnect

Hotline: 1.800.245.4580 crisisconnectioninc.org